

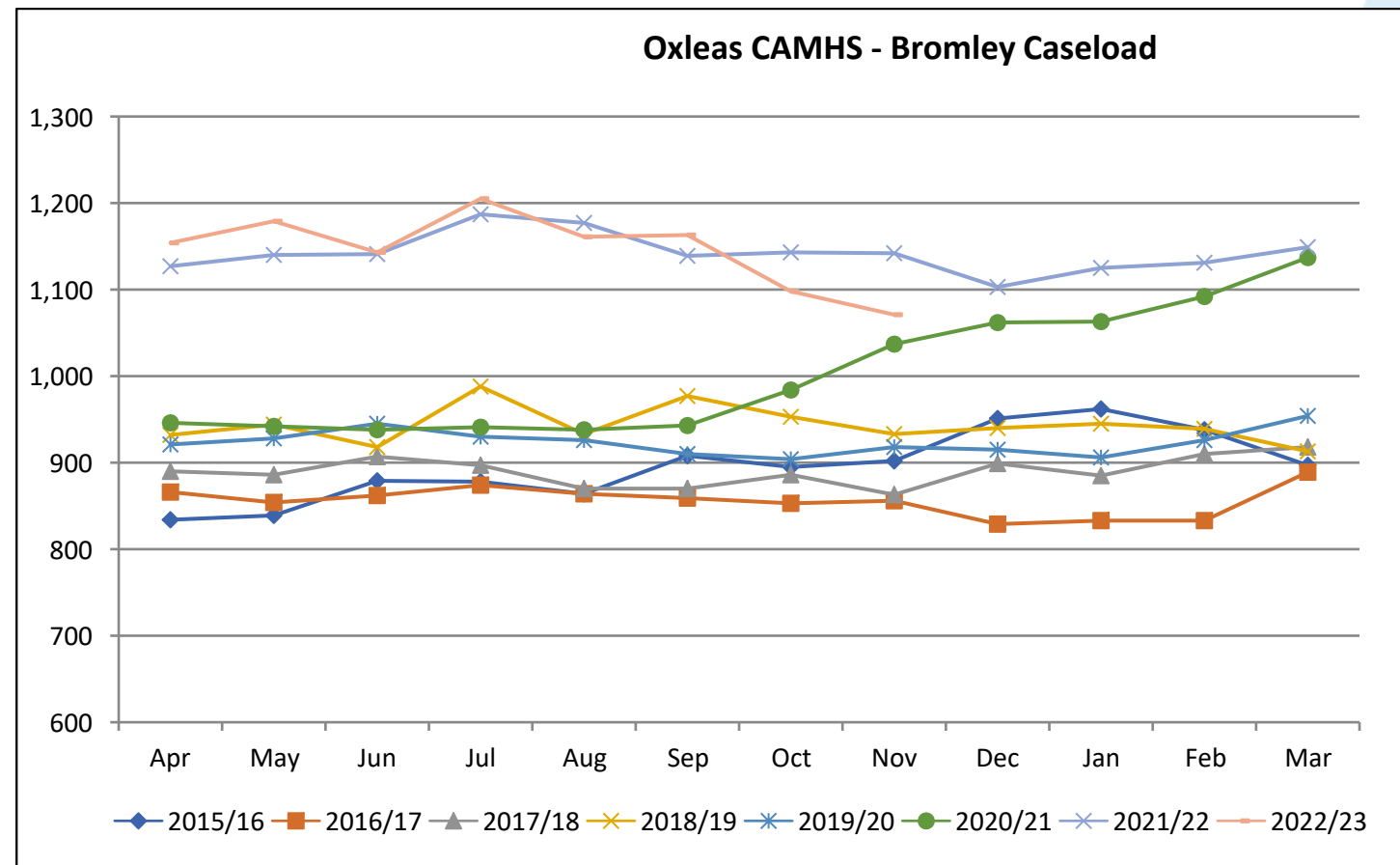
# Bromley Children and Young People's MH and Wellbeing – Update (Jan 2023)

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# Bromley CYP MH and Wellbeing Services - overall

- Oxleas CAMHS, Bromley Y and LBB/ICB Commissioning presented an update to the Health and Wellbeing Board in mid-2022. An update was requested in early 2023.
- Children and Young People’s Mental Health and Wellbeing Services remain in a challenging situation with a 25% increase in the number of children and young people in services since 2017/18. There was a stark increase immediately after the covid-19 pandemic with, initially, a 50% increase in the number of referrals into services. This remains very high with a slight reduction in October/November 2022 (though this is still not back to pre-pandemic levels).
- Waiting times for CAMHS remain high in Bromley, as in other areas of London, Kent, Sussex and elsewhere.



## **Bromley CYP MH and Wellbeing Service – improvement programme**

- Bromley Council and NHS SEL ICB have established a Bromley CYP Mental Health and Wellbeing Partnership Board to oversee transformation and improvements in these services. The membership of the Partnership Board includes the Director of Children’s Services, the Director of Education, the ICB’s Place Based Director, Oxleas CAMHS and Bromley Y.
- The Partnership Board has agreed an improvement programme for CYP MH and Wellbeing Services that includes the following initiatives:
  - the roll-out of improvements to ensure timely assessments for children and young people referred to CYP MH and Wellbeing Services.
  - the mobilisation of a new integrated health/voluntary community service “Single Point of Access” (SPA) for children and young people’s mental health and wellbeing services.
  - the establishment of a new pilot service to support children and young people with eating difficulties/eating disorders relating to their mental health
  - the establishment of a new CYP Mental Health practitioner in GP Practices, to support improved support to children and young people with mental health challenges in primary care.
  - a review of the children and young people’s ASD-ADHD diagnostic and support pathway, with an aim to improve outcomes for children and their families, and reduce waiting times.

Key Transformation Project Updates	Summary of project	STATUS (RAG)
<p><b>Integrated Single Point of Access for CYP MH and Wellbeing Services</b> (Oxleas CAMHS/Bromley Y and other partners)</p>	<p>Work is underway to take the next step in Bromley’s longstanding commitment to an integrated health/voluntary community service hub for CYP MH and Wellbeing Services. This work will see the establishment of an integrated Single Point of Access (SPA) for all services, with work also taking place with children’s social care on a more joined-up approach with these services.</p>	<p><b>G</b></p>
<p><b>Resilience and Recovery Programme</b> (Bromley Y Lead)</p>	<p>The Bromley MH and Wellbeing Partnership Board agreed in September 2022 to establish a new resilience and recovery programme in Bromley with a joint health/voluntary community services offer for children and young people waiting for CAMHS support, or who are “stepping down” from more specialist services. The new programme is recruiting staff at this time and will become fully operational in the coming months.</p>	<p><b>G</b></p>
<p><b>PCN Link Role</b> (Bromley Y Lead)</p>	<p>A new role is also being established between GPs (Primary Care Networks – PCNs) and the Integrated Single Point of Access (SPA). This role will link with GPs to better support them to meet the needs of children and young people with mental health challenges.</p>	<p><b>G</b></p>

Key Transformation Project Updates	Update	STATUS (RAG)
<p><b>Bromley Eating Disorder Pilot</b> (SLAM/Bromley Y)</p>	<p>Bromley has been successful in being awarded funding to pilot an eating disorder prevention/early intervention service between SLAM and Bromley Y. This new service will comprise a number of wellbeing interventions, linked to the local Mental Health Support Teams (MHSTs) in schools, alongside training and specialist consultation from SLAM. The pilot is expected to begin on 1<sup>st</sup> April 2023, although has been delayed awaiting a decision on the final funding envelope.</p>	<p><b>A</b></p>
<p><b>Empowering Parents, Empowering Communities</b> (Bromley Y)</p>	<p>Bromley Y has now joined the Empowering Parents, Empowering Communities (EPEC) initiative, with work taking place to better support families struggling with mental ill health – not just looking at the child alone. The programme is now up and running, with support a specialist EPEC hub.</p>	<p><b>G</b></p>

Key Transformation Project Updates	Update	STATUS (RAG)
<b>Review of CYP ASD/ADHD Diagnostic and Support Pathway (LBB/ICB)</b>	Bromley Council/NHS SEL ICB have now agreed to review the local children and young people's ASD/ADHD diagnostic and support pathway. This is an area of particular challenge with long waiting times and significant frustration expressed by some parents. The proposed course of action will see a specialist brought into Bromley to review the current service model, working with parents and providers, and recommending changes to the current way of delivering services.	A

**Any comments/questions?**

# Young People's Mental Health;

Early Identification/first-responders and sign-posting in Schools

Exploration of shared front door

Referral Pathways (avoiding duplication of referrals)

Working with families/parents (Holistic approach)

Continue to engage ICB's